

September Sales

	Regular	Sale
Apple Fritters, last month for this!	\$1.50 each or	\$7.50/6 pack
Seedy Mix	\$10.95	\$9.95/kg
Muesli	\$4.85	\$3.95/kg
Hemp Hearts	\$24.25	\$21.95/kg
Papaya Slices	\$13.75	\$5.00/kg
Corn Nuts	\$10.95	\$9.50/kg
Lima Beans	\$5.25	\$4.25/kg
Raisins, Thompson	\$8.00	\$7.25/kg
Yeast, Instant	\$4.75	\$4.25/454 g
Yeast, Active	\$9.50	\$8.75/908 g
7 Grain Cereal, just like Red River!	\$3.00	\$2.50/kg
Sesame Seeds	\$6.25	\$5.25/kg
Potato Flakes	\$8.99	\$6.95/kg
Bran Muffin Mix	\$4.95	\$4.15/kg
Vegi Flakes	\$10.95	\$9.25/kg
White Rice Flour	\$3.95	\$2.00

Christmas Cake Fruit Now in stock